

## Fresh To Order Salads

- ◆ THAI CRUNCH (Fresh Shredded Lettuce, Fresh Greens and Red Cabbage with Broccoli, Bell Peppers, Carrots, Tomatoes, Cucumbers, Mandarin Oranges, and Cranberries. Topped with Pecans and Crispy Chow Mein Noodles, Fried or Grilled Chicken Tenderloin and Served with Your Choice of Dressing.  
Served in a Crispy Fried Flour Tortilla Bowl) ..... \$10.39
- ◆ GRILLED CHICKEN TENDERLOIN (Fresh Shredded Lettuce, Red Cabbage and Fresh Greens, Cucumbers, Tomatoes, Carrots and Onions Served with Grilled Chicken (Teriyaki or Plain) and Topped with Cheese and Choice of Dressing) ..... \$10.09
- ◆ FRIED CHICKEN TENDERLOIN (Fresh Shredded Lettuce, Red Cabbage and Fresh Greens, Cucumbers, Tomatoes, Carrots and Onions. Served in a Tortilla Shell with Fried Chicken and Topped with Cheese and Choice of Dressing)..... \$10.09
- ◆ BUFFALO FRIED CHICKEN TENDERLOIN (Fresh Shredded Lettuce, Red Cabbage and Fresh Greens, Cucumbers, Tomatoes, Carrots and Onions. Served in a Tortilla Shell with Buffalo Fried Chicken and Topped with Cheese. Served with Spicy Ranch or Your Choice of Dressing)..... \$10.09
- ◆ CLUB (Fresh Shredded Lettuce, Fresh Greens and Red Cabbage, Cucumbers, Tomatoes, Carrots, Broccoli and Onions, Ham, Turkey and Bacon.  
Topped with Shredded Cheese and Your Choice of Dressing)..... \$10.39
- ◆ CHICKEN SALAD BOWL (Fresh Shredded Lettuce, Fresh Greens and Red Cabbage with Cranberries, Mandarin Oranges, Sunflower Seeds, Pecans, Tomatoes, Cucumbers, and Onions. Topped with Your choice of Cheddar or Feta Cheese and a Big Scoop of Chicken Salad and Served with Your Choice of Dressing) ..... \$10.39
- ◆ DELUXE HOUSE (Fresh Shredded Lettuce, Fresh Greens and Red Cabbage with Cranberries, Mandarin Oranges, Sunflower Seeds, Pecans, Tomatoes, Cucumbers, Onions, Broccoli, Bell Pepper and Topped with Your choice of Cheddar or Feta Cheese and Served with Your Choice of Dressing)..... \$9.19  
Add Chicken ..... \$2.79
- ◆ HOUSE (Fresh Shredded Lettuce, Fresh Greens and Red Cabbage, Tomatoes, Cucumbers, Onions, Broccoli, Carrots and Topped with Your choice of Cheddar or Feta Cheese and Served with Your Choice of Dressing) ..... \$7.04  
Add Chicken ..... \$2.79
- ◆ GREEK (Fresh Shredded Lettuce, Banana Peppers, Salad Greens, Green Olives, Red Cabbage, Tomatoes, Cucumbers, Red Onions, Topped with Feta Cheese) ..... \$7.99  
Add Chicken ..... \$2.79

### DRESSINGS

Ranch, Thousand Island, Italian, Blue Cheese,  
Spicy Ranch, Greek, Honey Mustard, Oil & Vinegar,  
Raspberry Vinaigrette, Balsamic Vinaigrette

## Light Plates

*Grilled Breast Served with Small Salad, Baked Beans,  
Peaches and a Slice of Wheat Toast.*

- 30. GRILLED CHICKEN BREAST ..... \$9.55
- 31. GRILLED CHICKEN BREAST TERIYAKI ..... \$9.55
- 33. CHICKEN SALAD ..... \$9.55

## Soaps-Scratch-Made Here

6 Ounce...\$2.59    12 Ounce...\$4.14    16 Ounce...\$5.19  
(Italian Chicken Vegetable, Cream of Chicken & Wild Rice or  
Soup of The Day)

## Beverages

	<u>Regular</u>	<u>Large</u>
SOFT DRINKS (free refills) .....	\$2.61	\$3.01
TEA (free refills).....	\$2.61	\$3.01
MILK .....		\$1.77
BOTTLED WATER .....		\$0.77

—————  
*Made-From-Scratch Carrot Cake and Chocolate Cake.  
Fresh-Baked Cookies.*

## Ice Cream

**FARM FRESH ICE CREAM AT TJ'S**  
*Our ice cream is homemade using fresh milk courtesy of local Holstein dairy cows raised free of any growth hormones and antibiotics. They roam their pastures chasing butterflies, chomping fresh grasses and then giving us their fresh goodness. The very best ingredients go into the making of our ice creams.*

✦ **FLOATS** ✦ **SHAKES** ✦ **SCOOPS** ✦  
✦ **BANANA SPLIT** ✦ **HOT FUDGE SUNDAE** ✦

## Extra Items

### TAKEOUT ONLY!!

Iced Tea (Sweet) or Lemonade .....	\$7 / gallon
<u>Soup:</u>	
Gallon .....	\$35
½ Gallon .....	\$18.12
Quart.....	\$10
<u>Potato Salad, Pasta Salad, Slaw:</u>	
Pint .....	\$6.25
Quart.....	\$9.85
<u>Chicken Salad:</u>	
Pint (feeds 4-6).....	\$9.55
Quart (feeds 6-8) .....	\$15.80
<u>Salad Dressings:</u>	
Pint .....	\$6.05
Quart.....	\$9.85
(Ranch, Thousand Island, Italian, Blue Cheese, Greek)	



# 336-760-0488

tjssdeligrill.com

## WE CATER!

**CLUB HAVEN SHOPPING CENTER**  
*(at Country Club & Peacehaven Roads)*

5017 Country Club Road  
Winston-Salem, NC 27104

### DINE-IN – CARRY OUT

### HOURS

**Monday – Saturday: 11 am -9 pm**  
**Sunday: Closed**

**ALL FOOD IS COOKED FRESH TO ORDER SO  
PLEASE ALLOW EXTRA TIME FOR THIS. THANKS**

**ORDER BY NUMBER**

**Appetizers**

- BIG PLATE OF FRIES .....\$3.82
  - Add Cheese .....\$1.81
  - Add Bacon .....\$1.71
  - Add Chili .....\$1.71
- 80. ONION RINGS (fresh cut, Buttermilk battered & fried) .....\$4.61
- 90. THIN SLICED FRIED POTATOES (REGULAR ORDER)  
(served w/ homemade Ranch for dipping) .....\$4.51
- 91. THIN SLICED FRIED POTATOES (FULL POUND)  
(served w/ homemade Ranch for dipping) .....\$5.07

*All Sandwiches come with a choice of: FF, Potato Chips, Potato Salad, Pasta Salad, Slaw, Baked Beans, Small Cup of Soup, Let, Tom & Cucumber Salad w/HVR, or Peaches. Pickle Spear with Sandwich available upon request.*

**Chicken**

- 1. "SUPER CHAM"™ (extra large portion of fresh Chicken Breast Buttermilk battered, deep fried & served w/ grilled Ham & Provolone Cheese, on a Hamburger Bun w/ Lettuce, Tomato & Mayo).....\$10.49
- 1(b) BUFFALO "SUPER CHAM"™ (same as above except, we dip the Chicken in a Wing Sauce & use Blue Cheese instead of Mayo).....\$10.74
- 1(h) HOT HONEY "SUPER CHAM"™ (same as above with honey) .....\$11.49
- 7. "CHAM"™ (tender breast of fresh Chicken deep fried, Ham & Provolone Cheese, Hamburger Bun, Lettuce, Tomato & Mayo) .....\$9.44
- 7(b) BUFFALO "CHAM"™ (same as above except, we dip the Chicken in a Wing Sauce & use Blue Cheese instead of Mayo).....\$9.74
- 7(h) HOT HONEY "CHAM"™ (same as above with honey).....\$10.80
- 19. CHICKEN GRILL (fresh Chicken Breast on Rye with Smoked Provolone, Lettuce, Tomato & Mayo) (add Bacon for \$1.25) .....\$10.04
- 20. "TERIYAKI" CHICKEN GRILL (marinated & basted while cooking, Lettuce, Tomato & Mayo, on Rye w/ Smoke Provolone) (add Bacon for \$1.25) .....\$10.04
- 21. CHICKEN GRILL "BBQ" (marinated & basted w/ BBQ Sauce while cooking, Slaw & Smoked Provolone, on a Kaiser Roll) (add Bacon for \$1.25) .....\$10.04

**Burgers**

Our burgers are freshly ground Chuck, weigh approximately 6 oz., cooked medium well.

- |  | Single | Big<br>Double | Bigger<br>Triple |
|--|--------|---------------|------------------|
|  | 6 oz.  | 8 oz.         | 12 oz.           |
| 23. HAMBURGER .....  | \$8.09 | \$ 9.35       | \$ 10.24         |
| 24. CHEESEBURGER (Lettuce, Tomato, Mayo, choice of<br>American, Swiss, Provolone or Cheddar Cheese)..... | \$8.47 | \$ 9.69       | \$10.79          |
| 25. BACOCHEESE (Choice of Cheese).....   | \$9.05 | \$10.34       | \$11.39          |
| 26. MUSHROOM ONION BURGER (Lettuce, Tomato &<br>Mayo, Provolone Cheese).....                             | \$9.05 | \$10.34       | \$11.34          |
| 27. CAROLINA BURGER (Chili, Mustard, Slaw & Cheddar).....  | \$9.35 | \$10.70       | \$11.44          |

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD,  
SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.  
WE USE WHEAT PRODUCTS AND NUTS.**

**Wraps**

- 93. BUFFALO CHICKEN (fried chicken tenderloins dipped in wing sauce, blue cheese w/shredded lettuce & tomato in a tortilla wrap).....\$9.07
- 94. GRILLED CHICKEN WRAP (grilled chicken tenderloins & served w/shredded lettuce, tomato, green pepper, onion, mushroom, mayo & provolone cheese in a tortilla wrap).....\$9.48
- 96. CHICKEN TENDERLOIN (fried chicken tenderloins served w/shredded lettuce, tomato, ranch dressing & shredded cheddar cheese) .....\$9.07
- 97. CHEESE STEAK (approximately 8 ozs. thin sliced rib eye, provolone cheese & mayo, grilled onions & mushrooms w/ banana peppers, shredded lettuce & tomato in a tortilla wrap) .....\$12.32
- 99. VEGGIE (Swiss cheese, tomato, broccoli, green pepper, mushrooms, onions, banana peppers, shredded carrots & spring mix greens, choice of Housemade Ranch or 1,000 Island dressing, in a tortilla wrap) (Add turkey \$1.50) .....\$8.52

**Sandwiches**

- 2. REUBEN ON RYE (Kraut, Corned Beef, Spicy Mustard & Swiss) .....\$10.74
- 3. SMOKED TURKEY (healthy & good, Wheat, Lettuce, Tomato & Mayo) (Add Cheese \$0.65).....\$8.19
- 4. ROAST BEEF (Melted Smoked Provolone, Horseradish Sauce, Lettuce & Tomato on a Kaiser Roll w/ Aujus for dipping) .....\$10.77
- 5. MITCH'S CLUB (Corned Beef, Pastrami, Swiss & American Cheeses w/ Mayo, Spicy Mustard, Onion, Banana Peppers, Lettuce & Tomato, on two slices of Rye Bread—served grilled, cold by request) .....\$19.49
- 6. HAM & SWISS ON RYE (Lettuce, Tomato & Mayo) .....\$8.77
- 8. BLT (lots of Bacon on toasted Wheat w/ Mayo) (Add Cheese for \$0.65).....\$8.49
- 9. TURKEY REUBEN ON RYE (Kraut, Smoked Turkey, Spicy Must & Swiss) ...\$9.69
- 10. GRILLED CHEESE (American on Wheat) (Lettuce, Tomato & Mayo on request, lots of Cheese!!).....\$5.75
- 11. VEGGIE FOREST (Thousand Island, shredded Lettuce, 'Cukes, Onions, Broccoli, Tomato & Smoked Provolone w/ choice of a fresh New York Hoagie Roll or Wheat Bread).....\$7.49
- 12. ROAST BEEF CLUB (Roast Beef, Turkey, Bacon, Smoked Provolone & American, three slices toasted Wheat, Lettuce, Tomato & Mayo).....\$10.09
- 13. CHICKEN SALAD WHEAT (housemade fresh, served on Whole Wheat w/ Let, Tom & Mayo) (Add Cheese for \$0.65) .....\$8.54
- 16. PASTRAMI ON RYE (thinly sliced w/ Spicy Mustard & Swiss).....\$10.94
- 18. TJ'S "CLUB SPECIAL" (Ham, Turkey, Bacon, Smoked Provolone & American, three slices toasted Wheat, Lettuce, Tomato & Mayo).....\$9.75
- 35. ½ SANDWICH & BOWL OF SOUP (Choose from: Chicken Salad, BLT, Grilled Ham and Cheese or a Whole Grilled Cheese).....\$8.29

**Hoagies**

- 17. FRENCH DIP (Roast with grilled Onions & Provolone Cheese on a New York style Hoagie with Aujus for dipping).....\$11.07
- 50. ITALIAN (Salami, Ham, Pepperoni, Provolone, Vinegar & Oil, Thousand Island, Banana Peppers, Onions, Lettuce & Tomato).....\$10.57
- 52. "PO BOY" (Ham, Turkey, Bacon, American, Onion, Lettuce, Tomato & Mayo)..\$10.57
- 61. DELUXE STEAK & CHEESE HOAGIE (approximately 8 ozs. thin sliced rib eye and American Cheese, with Lettuce, Tomato, Mayo, Grilled Onions & Mushrooms).....\$12.32
- 62. TERIYAKI STEAK & CHEESE HOAGIE (approximately 8 ozs. thin sliced rib eye smothered in Teriyaki Sauce while cooking & American Cheese, with Let, Tom, Mayo).....\$12.17
- 64. BASIC STEAK & CHEESE HOAGIE (approximately 8 ozs. thin sliced rib eye & American Cheese, with Lettuce, Tomato & Mayo).....\$12.07
- 65. CHEESY CHICKEN HOAGIE (grilled Chicken with sautéed Onions, Green Peppers, Mushrooms, Provolone, Lettuce, Tomato & Mayo).....\$10.67
- 67. CHICKEN RANCH HOAGIE (grilled Chicken with sautéed Onions, Cheddar Cheese, Bacon, Lettuce, Tomato & Ranch Dressing) .....\$10.77

**Hot Dogs**

*Our Dogs are made with ALL BEEF Wieners & served with a Side Order.  
Our Chili is made with fresh Ground Beef.*

- |  | Single | Double |
|--|--------|--------|
| 73. KRAUT DOG (Spicy Mustard & grilled Kraut)..... | \$5.69 | \$7.99 |
| 74. HOTDOG (Mustard & Slaw).....                   | \$5.69 | \$7.99 |
| 76. CHILI SLAW DOG (Mustard).....                  | \$6.19 | \$9.49 |
| Note: Add Cheese for .....                         | \$0.60 | \$1.20 |

**Chicken Tenderloins**

- 40. CHICKEN TENDERS (Dipping Sauces are: Honey Mustard, Sweet & Sour, BBQ, Ranch, Spicy Ranch or Horseradish) (served w/ a Side Order) .....\$10.05

**Little Folks**

- 45. EIGHT & UNDER CHOICES: Grilled Cheese, Hot Dog, or Small Burger with Fries & Small Drink.....\$6.45  
Chicken Tenders with Fries & Small Drink .....\$7.45  
(for Chili Dog or Chili Burger Add \$0.75)